

NIRVAHNA

Nirvahna lies within, Nirvahna,
before and after cups of tea,
Nirvahna.

They are all
the seas, the seas of God.
They are all the seas of God,
yes, they are all good seas:
for every thought, and every feeling
is instinct with
possibilities of peace and joy and love:
as rainbows and rivers
lead to sun and sea.
They are all the seas, the seas of God.
They are all the seas of God.

Nirvahna lies within, Nirvahna.
It is always dark before the dawn.
It is always dark before the dawn.
They are all the seas, the seas of God.
They are all the seas of God.
They are all the seas of God,
yes, they are all good seas:
for every thought, and every feeling
is instinct with
possibilities of joy and peace, and peace, and love